



Apalachicola Bay Charter School

Believe, Achieve and Soar High

98 12th ST.

Apalachicola, FL 32320

www.abceagles.org

February 23, 2020

Dear parent/guardian:

This letter is to inform you that ABC School was notified of a possible case of viral meningitis at ABC School. ABC School is continuously working to ensure the safety of our students. School custodial staff will be taking extra precautions in disinfecting and cleaning the school.

According to the Centers for Disease Control:

Most people with mild viral meningitis usually get better on their own within 7 to 10 days.

Common symptoms associated with meningitis are fever, headache, stiff neck, eyes being more sensitive to light, sleepiness or trouble waking up from sleep, nausea, irritability, vomiting, lack of appetite, lethargy.

The best way to help protect yourself and others:

- *Wash your hands often with soap and water for at least 20 seconds, especially after changing diapers or using the toilet*
- *Avoid close contact, such as touching and shaking hands, with people who are sick*
- *Clean and disinfect frequently touched surfaces*
- *Stay home when you are sick and keep sick children out of school*

In addition remember ABC School policy is that your child must be fever free without fever reducing medication and have not vomited for 24 hours before returning to school.

You can find more information from the CDC here <https://www.cdc.gov/meningitis/viral.html> or Florida Health <http://www.floridahealth.gov/diseases-and-conditions/meningitis/viral-meningitis/index.html>

If you or your child have any of these symptoms, contact your healthcare provider. Please contact the school if you have any further questions.

Sincerely,

ABC School administration